

40 HOUR TRANSFORMATIVE MEDIATION CERTIFICATE TRAINING

This training is for individuals interested in mediating or applying mediation skills to their personal and professional lives. The program will focus on the transformative orientation and will also include a brief outline of other mediation models, giving you a broad overview of the mediation field. The training will incorporate different styles of learning including, lecture, demonstration, discussion and interaction including practice mediation scenarios. This training offers a container for meaningful learning, an opportunity for growth, accessing our innate wisdom and to have fun.

You will learn:

- New understandings about conflict and how to approach conflict in more effective ways
- The core elements and practice of transformative mediation
- How to build and enhance a working relationship through communication, empowerment, and recognition
- Mediator skills and interventions to support impartiality and party choice
- Knowledge of standards and ethical issues in mediation
- When assistance of other professionals, additional knowledge, skills or other experience may be needed

At the conclusion of the training participants will receive a Mediation Certificate, the accepted state and national standard for new mediators.

Presenters

Karen Groat is the director of Youth Alternatives Ingraham Mediation Services and has been working directly with mediators, families, communities and outside organizations through the program for 8 years. She is an experienced transformative mediation trainer and communication coach as well as mediates in the Maine Family Courts. Karen combines her research background in cognitive behavioral psychology, domestic violence and addiction recovery with a relational model to support family change and healing connections.

Deb Bopsie has been a mediator since 1997. She also was the former director of Youth Alternatives Ingraham Mediation Program starting in 2002 and has also served as a CADRES mediator through the courts. She is an experienced transformative mediation trainer, a coach and has been an associate of the Institute for the Study of Conflict Transformation. Deb is currently studying Contemplative Psychotherapy at Naropa University in Boulder, Colorado. Deb incorporates her experience with eastern thought and mediation into her practice and training skills.

Karen and Deb bring experience working with organizations, schools and family systems. They have extensive understanding with complex topics and relationships and have worked with both large and small groups. Combined they have sat in more than 2,500 mediations.

Cost: \$750.00 (Scholarship Available)

Dates and Times: June 2, 3, 4, 14 and 15 8:30am-5pm

Place: Youth Alternatives Ingraham 50 Lydia Lane South Portland Maine 04106

Please register by May 15, 2010 and include a \$100 deposit

Name _____ E-mail _____

Phone # _____ Address: _____

Please charge my MC Visa Card # _____ Expires _____

Signature _____

Please return to Karen Groat

Karen Groat 50 Lydia Lane South Portland, Me. 04106 or e-mail to kgroat@yimaine.org ph# 632-1111