

What is High Fidelity Wraparound?

Youth Alternatives Ingraham now has three certified High Fidelity Wraparound facilitators. These facilitators work with families who are experiencing a high degree of stress and who have children involved in multiple systems; Child Welfare, Children's Behavior Health Services, Special Education, the Department of Corrections, and others.

As part of their role, these facilitators help families develop a wraparound team. This team might include professionals, friends, and family who will assist them in identifying their most critical needs. The facilitator will then help the team find creative ways to meet the family's needs.

While facilitating these family wraparound meetings, the facilitator keeps the principles of high fidelity wraparound at the forefront. One of the most important principles in high fidelity wraparound is family voice and choice. That is, the family identifies their own needs and then chooses options to meet those needs based on what fits with their family strengths and culture. "High fidelity wraparound is a culturally competent process," says Dave Simpson, a certified High Fidelity Wraparound facilitator. "It means that you view each individual in the context of their family's unique culture."

Family-driven means families have a decision making role in the care of their own children as well as the policies and procedures governing care for all children in the community, state, and nation. This includes choosing supports, services, and providers; setting goals; designing and implementing programs; monitoring outcomes; and determining the effectiveness of all efforts to promote the mental health of children and youth.

Guiding Principles

1. Families and youth are given accurate, understandable, and complete information necessary to make choices for improved planning for individual children.
2. Families and youth are organized to collectively use their knowledge and skills as an engine for systems transformation.
3. Families and youth embrace the concept of sharing decision-making and responsibility for outcomes with providers.
4. Providers embrace the concept of sharing decision making authority and responsibility for outcomes with families and youth.
5. Providers take the initiative to change practice from provider-driven to family-driven.
6. Administrators allocate staff, training, and support resources to make family-driven practice work at the point where services and supports are delivered to children, youth, and families.
7. Families and family-run organizations engage in peer support activities to reduce isolation and strengthen the family voice.
8. Community attitude change efforts focus on removing barriers created by stigma.

Six Characteristics of Family-Driven Care

1. Family and youth experiences, their visions and goals, their perceptions of strengths and needs, and their guidance about what will make them comfortable steer decision making about all aspects of service and system design, operation, and evaluation.
2. Meetings and service provision happen in culturally and linguistically competent environments where family and youth voices are heard and valued, everyone is respected and trusted, and it is safe for every-

What is High Fidelity Wraparound?

continued

one to speak honestly.

3. Administrators and staff actively demonstrate their partnerships with all families and youth by sharing power, resources, authority, and control with them.

4. Families and youth have access to useful, usable, and understandable information and data, as well as sound professional expertise so they have good information to make decisions.

Wraparound Value Base

- Build on strengths to meet needs
- One family-One plan
- Increased parent choice
- Increased family independence
- Care for Children in context of families
- Care for families in context of community
- Never give up

Wraparound Definition

Through the wraparound process, a family and their team develop, implement, and fine-tune a plan of care that is individualized to achieve positive outcomes for the family.

A set of 10 statements known as the wraparound principles defines the philosophical base for wrap-around and guides the activities of the wraparound process.

Wraparound Process Principles

- Family-driven
- Team-based
- Collaborative
- Community-Based
- Culturally Competent
- Individualized
- Strengths based
- Natural Supports
- Unconditional
- Outcome based

Wraparound Process

System of Care values applied to families who need individualized, intensive care management.

- Engaging the family in treatment
- Learning about the family's strengths, needs, and culture
- Engaging and leveraging community-based and natural supports
- Convening/running an interdisciplinary team
- Planning and implementing a set of services specific to the strengths needs of the family
- Setting goals and brainstorming strategies to meet them
- Determining indicators and measuring outcomes
- Continually revising care plans based on evidence for their effectiveness
- Celebrating successful transitions