

Strengthening Communities

Dear Friends,

One of the most significant problems facing the families that YI serves is the deterioration of the traditional, cohesive and supportive neighborhood. Today, our neighborhoods face challenges that reflect a unique confluence of economic and cultural trends: multi-ethnic populations unable to communicate with one another; growing unemployment; a lack of traditional community resources such as day care centers and play groups; and the demise of the corner store or coffee shop as a neighborhood gathering place.

Add to these factors the influence of crime, child abuse and neglect, domestic violence, substance abuse, homelessness and mental illness, one might see a future that is isolated and bleak. However, despite these conditions, our neighborhoods are home to thousands of individuals and families who are courageous and hopeful about the future. They work hard to protect and educate their children, maintain a stable home, and find and keep productive employment.

What we have learned is that families and individuals who are connected to a strong community are more resilient, able to find their voice and advocate for themselves and their neighbors.

Inspired by these individuals and families, we have focused a great deal

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of our energy over the past few years on work with neighborhoods. While our programs continue to address the many consequences of poverty mentioned above, we are also working with our community partners to connect the families and individuals we serve with resources and supports in their own neighborhoods.

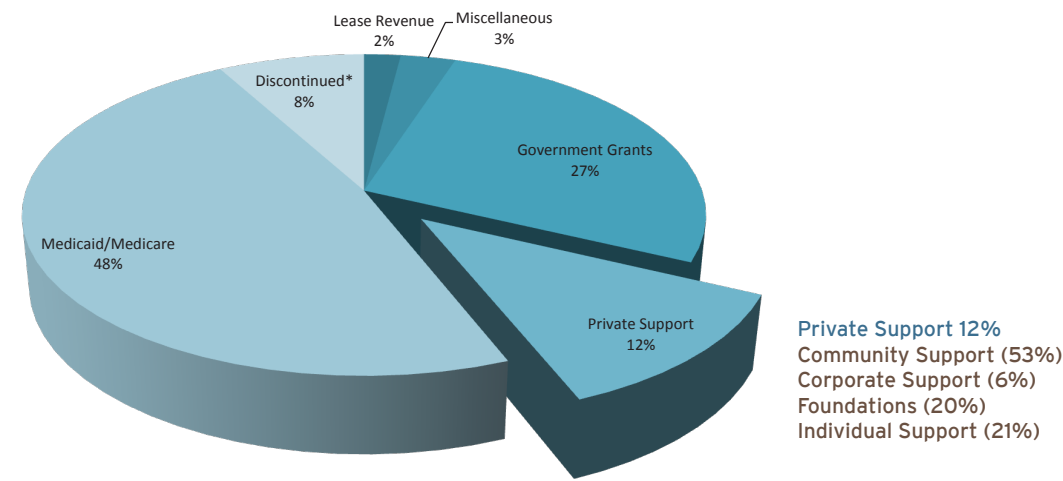
YI is now fully immersed in programming that integrates our services with those of community partners such as schools, police, interfaith communities, other social service agencies, health organizations and local businesses. For an example of how this new model of neighborhood support works, please read the story in this Annual Report of Amy, a young mother struggling with depression who was helped by her neighbor and our programs.

None of this work would be possible without our most important community partner: you. You have steadfastly come through for the people who need our help, and we are overjoyed at your generosity. We simply can't thank you—our friends, our partners, our neighbors—enough. We look forward to your continued support as we work to meet the evolving needs of those we serve.

Sincerely,

Kristen Potter Farnham, Chair, Board of Trustees
Michael J. Tarpinian, President

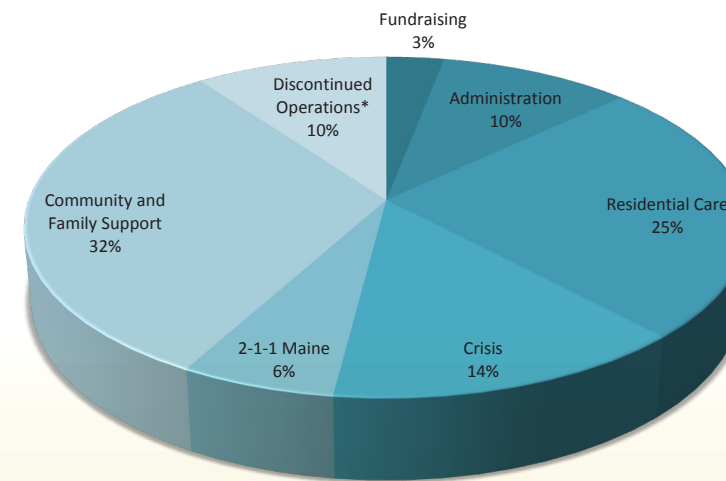
Consolidated Revenue - Fiscal Year 2010



Consolidated Revenue by Year (Fiscal Years 2009 and 2010)

	FY 09	FY 10
Medicaid/Medicare	8,550,434	8,337,749
Government Grants	4,537,139	4,700,705
United Way	1,138,419	1,144,979
Private Support	778,808	983,266
Miscellaneous	391,851	550,751
Lease Revenue	272,590	312,249
Discontinued	4,265,124	1,373,888
Total Revenue	19,934,365	17,403,587

Consolidated Expenses - Fiscal Year 2010



**As we implement our vision of supporting families in their own neighborhoods, we find ourselves in a somewhat painful period of transition. We have made some tough decisions that involve closing programs, particularly residential programs for youth, which are no longer consistent with our efforts to strengthen families and communities. While these closings have resulted in significant one-time, un-budgeted expenses, we have weathered these changes and made the transition as seamless as possible for the families we serve. Our community and family support programming has shown a correlative increase in children served.*

Amy's Story

Amy, a mother with a three year old son, was in the beginning stages of her recovery from a long struggle with addiction and mental illness when she found herself in the midst of a severe depression. Her situation was dire. In desperation, she confided to a neighbor that she was having suicidal thoughts. She knew that she needed to be admitted to a recovery program and that she'd need to find a place for her child to stay while she was there. But she was afraid that Child Protective Services might remove her son from her care if she reached out for professional help. Her neighbor, who had attended some of our parenting classes, recommended that Amy contact YI. Amy made the call and that was the beginning of her pathway back to a stable life. Within one day, our Parenting and Family Education Program had arranged a

family team meeting for Amy. The meeting consisted of Amy, her neighbor, staff from

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Broadway Crossings (YI's residential program for adults experiencing a mental health crisis), and other community partners. Together they put a plan in place whereby Amy would be admitted to Broadway Crossings and her son would be taken care of by the neighbor. Child Protective Services approved the plan.

The speed with which the meeting was arranged and real solutions to Amy's situation were implemented was crucial to the successful outcome of her story. This was possible because Amy turned to a peer for help. The resolution to Amy's crisis emanated from within her own neighborhood. Fortunately for Amy, her neighbor was familiar with YI and the resources available in the community. This is a prime example of our vision for the future of our service delivery to communities in Maine. By integrating our services with community partners in neighborhoods, more people will be aware of resources and able to support and advocate for themselves and their neighbors.

Meaningful and Measurable Results

Youth Alternatives Ingraham served 8,744 adults, youth, and children last year.

Our **Homeless Youth Services** program served 70 youth last year. Homeless Youth Services provides advocacy, case management, monitoring and safety assessments for homeless youth or youth at risk of homelessness who are age 15 or younger.

2-1-1 Maine, providing health and human services information and referrals to people throughout Maine, received 78,843 calls.

Mediation Services provided 690 volunteer hours in 170 mediations. With only one full time staff member and over 60 volunteer mediators, Mediation Services is an extremely cost-effective way to resolve conflict, saving government and community services a great deal of time and resources.

774-HELP, our crisis resource line offering immediate access to advocacy, crisis counseling and intervention answered 40,846 calls last year. Of those calls, 1681 callers received a face-to-face crisis assessment with our Mobile Outreach staff.

Maine Families provides voluntary home visitation and parenting education for first-time parents with newborns. Of the families served last year, 92% reported an increase in confidence in their parenting skills.

Parenting and Family Education includes parenting classes, seminars on conflict resolution with teens, special events, and referrals for further support. Of the parents attending our classes and seminars last year, 83% reported an increase in time engaging in relationship-building (fun) activities with their child, 75% reported an increase in confidence in their ability to respond to challenging behavior and virtually all of them reported an increase in confidence in their ability to provide clear rules and expectations in health and safety matters.

Young Parent Program, which provides education socialization, housing, and support services for homeless pregnant or parenting teens or young adults, served 51 families. The Young Parent Program staff made 624 home visits last year.

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Promoting healthier lives, happier families,
and stronger communities since 1967.

Youth Alternatives Ingraham

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Annual Report 2009 - 2010



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